



OCTOBER 2023

Intermediate School Lunch Menu

This Institution is an Equal
Opportunity Provider

Monday

Chicken Nuggets w/ Ranch Dip
Taco Wrap
PB & Jelly Pack
Yogurt Parfait Pack
Baked Fries w/ Ketchup
Fresh Broccoli w/ Dip
Crispy Apple Slices

2

4x6 Pizza Square
Chicken Parmesan
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Green Beans
Fresh Celery Sticks w/ Dip
Crispy Apple Slices

9

Hot Dog on a Bun
Sloppy Joe
PB & Jelly Pack
Yogurt Parfait Pack
Tater Tots w/ Ketchup
Fresh Broccoli Bites w/ Dip
Crispy Apple Slices

16

Cheese Breadsticks w/ Dipping Sauce
Spicy Chicken Sandwich w/ Mayo
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Broccoli
Crispy Celery Sticks w/ Dip
Chilled Pineapple

23

Chicken Patty on a Bun
Turkey Ranch Wrap
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Broccoli
Fresh Tomato Blend
Crispy Apple Slices

30

Tuesday

Spaghetti Hot Dish w/ Garlic Toast
French Toast Sticks w/ Syrup & String Cheese
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Corn
Crispy Celery Sticks w/ Dip
Chilled Mandarin Oranges

3

Walking Taco w/ Meat, Cheese & Shredded Lettuce
Hot Ham & Cheese
PB & Jelly Pack
Yogurt Parfait Pack
Fresh Tomato Mix Up w/ Dip
Chilled Pineapple

10

Stuffed Crust Pizza
Mini Pancakes w/ Syrup & String Cheese
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Carrots
Crispy Celery Sticks w/ Dip
Chilled Applesauce

17

Chicken Tenders w/ Bread Choice
Cooks Choice Entrée
PB & Jelly Pack
Yogurt Parfait Pack
Potato Smiles w/ Ketchup
Fresh Tomato Blend w/ Dip
Crispy Apple Slices

24

Pizza Choice
Mini Waffles w/ Syrup
Yogurt Cup
PB & Jelly Pack
Yogurt Parfait Pack
Tri Tater w/ Ketchup
Crispy Carrots
Chilled Pears

31

Wednesday

Mini Corn Dogs
Sloppy Joe
PB & Jelly Pack
Yogurt Parfait Pack
Potato Smiles w/ Ketchup
Fresh Tomato Mix Up w/ Dip
Chilled Pineapple

4

Orange Chicken Bowl w/ Breadstick
Mini Waffles w/ Syrup & Yogurt Cup
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Broccoli
Crispy Carrots w/ Dip
Chilled Pears

11

Nachos w/ Meat, Chips and Cheese
BBQ Rib Sandwich
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Broccoli
Fresh Vegetable Variety
Chilled Pineapple

18

Cheeseburger on a Bun w/ Ketchup
Smoked Pork Sandwich
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Carrots
Fresh Broccoli w/ Dip
Chilled Applesauce

25

Thursday

Toasted Cheese Sandwich
Spicy Chicken Sandwich w/ Mayo
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Broccoli
Crispy Carrots w/ Dip
Chilled Applesauce

5

Popcorn Chicken w/ Ranch Dip and Dinner Roll
Cooks Choice Entrée
PB & Jelly Pack
Yogurt Parfait Pack
Mashed Potatoes and Gravy
Steamed Corn
Fresh Orange Wedges

12

No Lunch Today
Early Dismissal

19

Orange Chicken Bowl w/ Breadstick
French Toast Sticks w/ Syrup
String Cheese
PB & Jelly Pack
Yogurt Parfait Pack
Steamed Corn
Crispy Carrots
Chilled Mandarin Oranges

26

Friday

No Lunch Today
Early Dismissal

6

Papa John's Pizza Slice
PB & Jelly Pack
Yogurt Parfait Pack
Baked Beans
Crispy Cucumbers w/ Dip
Fruit Sorbet

13

No School Today

20

Papa John's Pizza Slice
PB & Jelly Pack
Yogurt Parfait Pack
Baked Beans
Crispy Cucumbers w/ Dip
Fruit Sorbet

27



Menu Subject to Change Based on Product Availability

Skim and 1% Milk Available at all Meals

An Additional Variety of Fruits & Vegetables are Offered Daily

Questions about the menu please contact Jennifer at 920-337-1393 EXT: 8045